

MANDALAS

Brauen, Martin. *The Mandala: Sacred Circle in Tibetan Buddhism*, c1998, 151 pages.

A gorgeously illustrated study of a traditional sacred art form--now in paperback. THE MANDALA focuses on a single initiation ritual presided over by the Dalai Lama, which the author underwent and received permission to document. Close-up photographs take us from preparatory stages then through the entire process. 49 color and 62 b&w photos.

T294.3 BRA M

Bryant, Barry. *The Wheel of Time Sand Mandala: Visual Scripture of Tibetan Buddhism*, c1995, 272 pages.

Here is a stunning visual introduction to the artistic and spiritual heart of Tibetan Buddhism. According to the monks who create it, the Kalachakra Sand Mandala, also known as the "Wheel of Time," imparts peace and healing to all beings and to the planet. This lavishly illustrated volume captures each stage of the mandala's construction, the serene joy and painstaking discipline of the monks, and the fascinating history behind its symbolism.

T294.3 BRY WTSM

Cahill, Sedonia. *The Ceremonial Circle: Practice, Ritual, and Renewal for Personal and Community Healing*, c1992, 199 pages.

Here is practical information about shamanic practice and how to create ceremonies and rituals by working with the tools and techniques of the Sacred. Includes interviews with such well-known ceremonialists as Starhawk, Anna Halprin, Brooke Medicine Eagle, Vicki Noble, and others.

291.38 CAH CC

Cornell, Judith. *Mandala: Luminous Symbols for Healing*, c2006, 154 pages.

Mandala will guide readers of all levels through simple exercises and easy-to-follow drawing techniques, incorporating meditation and guided visualization with lavish illustrations. By exploring the tradition of the sacred circle, readers will learn how to create their own unique and powerful works of sacred art and use the mandala symbol as a self-transformative tool that manifests and enhances their own spiritual consciousness.

291.37 COR M 2006

Dahlke, Rüdiger. *Mandalas of the World: A Meditating & Painting Guide*, c1992, 286 pages. Both beautiful and enlightening, these 100 mandalas are among the most significant in history, derived from nature and the world's great spiritual traditions. With each mandala comes detailed background information, as well as a suggested meditation to use as you color it in.

291.37 DAH MW

Davis, Courtney. *Celtic Mandalas*, c1994, 96 pages.

Noted artist Courtney Davis brings the classic art of the Celts into his own vibrantly colored, stunning mandalas, providing meditative subjects, as well as sources for Celtic symbolism and astrology, and their archetypal gods and goddesses. The gloriously colored mandalas are accompanied by informative and evocative descriptions by Helena Paterson, a professional astrologer of Celtic ancestry.

291.37 DAV CM

Fincher, Susanne F. *Creating Mandalas: For Insight, Healing, and Self-Expression*, c1991, 192 pages.

Susanne Fincher introduces here the history and ritual use of mandalas in cultures all over the world. She then shows you how to make your own, offering guidance on choosing art materials and techniques. She discusses the symbolism of colors, numbers, shapes, and motifs that appear in mandalas, and presents several illustrated case histories.

291.3 FIN CM

Hall, Manly P. *Meditation Symbols in Eastern & Western Mysticism: Mysteries of the Mandala*, c1988, 249 pages.

The fruition of a lifetime of study and interpretation of Eastern and Western mystical symbolism, this classic text explores meditation symbols throughout history in thirteen profusely illustrated chapters.

145 HAL MS

Helwig, Monika. *42 Indian Mandalas: Coloring Book*, c2001, 43 pages.

Some Indian mandala patterns are more than 5,000 years old. This book features both traditional and modern motifs such as embroidered handicrafts, geometric mazes and knots, peacocks, and lotuses. Monika Helwig's stylized versions of these classic patterns make this book an ideal diversion as well as a learning experience.

J 203.7 HEL IM

Leidy, Denise Patry. *Mandala: The Architecture of Enlightenment*, c1997, 175 pages.

This exquisite book, created by the teamwork of an art historian and a scholar of Tibetan Buddhism, clears away the veils of confusion and mystification, and reveals the artistic history and meditational function of the sacred mandalas. It is richly illustrated by color photographs of examples of mandalas from India, Tibet, China, and Japan.

B709 LEI M

MacGregor, Geddes. *The Gospels as a Mandala of Wisdom*, c1982, 222 pages.

This American professor of philosophy offers a refreshingly new viewpoint on the four Christian gospels and their stories about the life and miracles of Jesus. There are many parallels with diverse ancient religions and esoteric knowledge.

226 MAC GAM

Malandra, Geri Hockfield. *Unfolding a Maṇḍala: The Buddhist Cave Temples at Ellora*, c1993, 348 pages.

Ellora is one of the cave temple sites, with 34 major Buddhas. The book describes the caves and places them into contrast with other art and iconography. The mandala here is divided into three-dimensional program of the caves themselves, letting worshipers walk through the mandala. A scholarly look at how the mandala evolved.

B726 MAL UM

Olsen, Mark. *The Conception Mandala: Creative Techniques for Inviting a Child into Your Life*, c1992, 87 pages.

This practical guide shows how both men and women can participate actively and with heightened awareness in the supreme mystery of conception. The authors explore the importance of rituals and other methods of conscious conception in various spiritual traditions. They also present advice on the process of preparing for parenthood.

155.646 OLS CM

Robertson, John. *The Aquarian Mandala*, c1976, 33 pages.

The current Aquarian Age requires a new integrative process of thought based on the language of symbolism. The zodiacal mandala is a key to a logical sequential interpretation of the esoteric of ancient civilizations.

133.5 ROB AM

Ten Grotenhuis, Elizabeth. *Japanese Mandalas: Representations of Sacred Geography*, c1999, 227 pages.

The first broad study of Japanese mandalas to appear in a Western language, this volume interprets mandalas as sanctified realms where identification between the human and sacred occurs. The author investigates eighth- to seventeenth-century paintings from three traditions: Esoteric Buddhism, Pure Land Buddhism, and the Shinto tradition.

D709 TEN JM

Video Recordings

Massey, Harry. *The Living Matrix: A Film on the New Science of Healing*, c2010, 1 DVD, 83 minutes.

A full-length film, The Living Matrix brings breakthrough information that will transform your understanding of how to get well and stay well. Dynamic graphic-animation is woven with interviews with leading researchers and health practitioners as they share their discoveries on the 'miracle cures' traditional medicine can't explain.

DVD 0387

McGee, Martin. *Mandala: World of the Mystic Circle*, c1998, 1 VHS, 55 minutes.

A Unique and Definitive Study of the World's Most Universal and Timeless Motif Finalist-American Film and Video Festival

VR 1187

O'Reilly, Sally Ann. *Kalachakra: The Wheel of Time*, c1994, 1 VHS, 30 minutes.

This brief documentary touches on the events leading up to the mandala's commission by the Dalai Lama, the process of its creation, and its destruction (seen as a sign of the impermanence of things). The wheel itself is gorgeous, with vivid colors and intricate shapes offering much to even untrained eyes. Viewers will find themselves quietly awed regardless of their religious affiliation.

VR 1186

Audio Recordings

Cornell, Judith. *Mandala, Luminous Symbols for Healing*, c1996, 1 CD, 27 minutes.

CDA 0760

Mullin, Glenn H. *Mantra, Tantra, and Mandala*, c2011, 4 CDs, 260 minutes.

CDA 0646 V.1 / CDA 0646 V.2

Uhlein, Gabriele. *Seeing Clearly the Face of God: Our Lives as Mystical Mandala*, c2001, 1 Cassette, 62 minutes.

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